



financial
wellness
adds up to
big fun.



 **Abound**
CREDIT UNION

The Financial
Wellness
Mission of
Abound Credit Union

our mission

Abound Credit Union is committed to providing Financial Education to our Members and communities. This means reaching individual financial goals, strengthening financial wellness and supporting financial freedom. We believe this journey starts with strong partnerships between Abound and local schools. Your students can learn about financial literacy and smart financial decision-making from a young age, ensuring a bright and successful future. Together, we can set Kentucky students on the right path from the start.

This journey starts with teaching elementary school students about needs versus wants. Then, teaching middle and high school students about their first paycheck and how to pay for higher education. Later, we teach college students about building their credit score and savings for their first big purchase and more.

Smarter financial consumers are critical to the success of our local economies, the success of our cities and the long-term success of all Kentuckians. Working with you, our local educators, is how we will achieve this success.

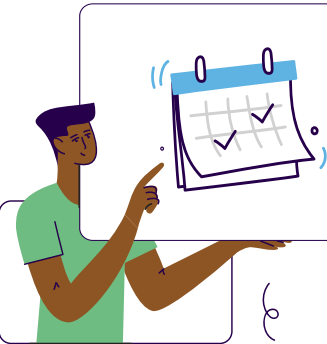


How it works...

Abound has more than 125 Team Members trained to deliver cutting-edge financial literacy curriculum in our communities. Inside this booklet you will find a variety of custom-built curriculum that Abound can offer to your students, along with the relevant standards of the Kentucky Department of Education (KDE) that each lesson meets.

If you’re interested in having an Abound Team Member join your classroom, please choose one of the options below:

- If you know what lesson you would like to be taught, send us an email or give us a call with a requested date and lesson.
- If you would like to create a long-term curriculum plan with periodic visits from an Abound Team Member, let us know and we would be happy to work with you to create a semester, trimester and year-long curriculum plan where we can have various touchpoints in your classroom throughout the year.



contact us to discuss options or
schedule a course for your class








800.285.5669

courses available
ELEMENTARY LEVEL






PROGRAM	AGE	TOPICS	KDE	WHAT WE COVER	TIME
PUPPET SHOW “AFTON’S BIRTHDAY”	K–3 rd	Spending, Counting, Needs vs. Wants	F.P.4 F.P.7 F.P.8 F.P.9	Afton receives some money for his birthday and wants to buy some toys, a piece of candy and a soda. He needs the rest of his class and his teacher to help him count out the money.	25 min
ALEXANDER WHO USED TO BE RICH	K–3 rd	Spending	F.P.3 F.P.5 F.P.8 F.P.9	Alexander received money from his grandparents. He spends it a little at a time, and then realizes that it’s all gone before he got what he wanted. Can be read independently or paired with an activity.	20 min
THREE CUPS	K–3 rd	Spending, Saving, Giving	F.P.4 F.P.5 F.P.6 F.P.7 F.P.10	Parents teach a little boy about saving, spending and giving by giving him three teacups from the cupboard. As the boy grows up, he learns the value of financial literacy. Can be read independently or paired with an activity.	20 min
ONE CENT, TWO CENT	K–3 rd	Buying, Bartering, History of Money	F.P.1 F.P.2 F.P.3 F.P.9	The Cat in The Hat takes us through the Museum of numismatics to learn about the history of money, bartering practices, the first bank and more. Can be read independently or paired with an activity.	20 min
BUNNY MONEY	K–3 rd	Spending, Buying Goods and Services, Needs vs. Wants	F.P.3 F.P.4 F.P.8 F.P.9	Follow Max and Ruby as they go to town to buy their grandma a present for her birthday. They have big dreams and Max’s silly purchases cause them to run out of money. Can be read independently or paired with an activity.	20 min
A PENNY IN MY POCKET	K–3 rd	Needs vs. Wants, Spending, Buying Goods and Services	F.P.1 F.P.2 F.P.3 F.P.4 F.P.8	Stevie and his mother are at the grocery store when Stevie wants to buy everything in sight. His mother teaches him about sticking to their budget and doing small acts of kindness by giving. Can be read independently or paired with an activity.	20 min


ELEMENTARY LEVEL (CONT.)

LITTLE DAYMOND LEARNS TO EARN	2 nd –3 rd	Starting a Business, Spending Money	F.P.2 F.P.3 F.P.4 F.P.5 F.P.6	Daymond is at a craft fair with his mom and wants to buy a poster of popstar Minka J. He and his friends launch an enterprise to make enough money to buy the poster and more! Can be read independently or paired with an activity.	
COUNTING WITH COMMON CENTS – PENNY	K–2 nd	Counting by 1s	KY.K.CC.1 Count KY.K.CC.2 KY.K.CC.3 KY.K.MD.4 KY.1.MD.3	Follow Penny as she moves through the Money Tree, finding others and counting by 1s. Can be read independently or paired with an activity.	
COUNTING WITH COMMON CENTS – NICKEL	K–2 nd	Counting by 5s	KY.K.CC.1 KY.K.CC.2 KY.K.CC.3 KY.K.MD.4 KY.1.MD.3	Follow Nick as they move through the Money Tree, finding others and counting by 5s. Can be read independently or paired with an activity.	
COUNTING WITH COMMON CENTS – DIME’S QUEST	K–2 nd	Counting by 10s	KY.K.CC.1 KY.K.CC.2 KY.K.CC.3 KY.K.MD.4 KY.1.MD.3	Follow Dime as they move through the Money Tree, finding others and counting by 10s. Can be read independently or paired with an activity.	
WHAT IS MONEY?	K–3 rd	Needs vs Wants, Purchasing Goods, Money, Value of Money	F.P.3 F.P.8 F.P.9	Discuss the differences in banks vs. credit unions. Walk through coins and their descriptions, as well as their value. Look at other methods of paying for goods and services. Discuss needs vs. wants.	
JEOPARDY AND KAHOOT	K–5 th			Play Jeopardy or Kahoot as a review tied to any presentation, discussion or just for financial literacy awareness. <ul style="list-style-type: none">- What is Money?- Everfi Content- Others as requested	
OPPORTUNITIES ABOUND LIFESIZE BOARD GAME	K–5 th			An interactive life-sized board game that tests students’ knowledge by using trivia questions. Students will be able to work in teams to race around the board. The goal: making it to “retirement”. A variety of questions can be created and used to partner with any of the Financial Education components.	

MIDDLE SCHOOL LEVEL




PROGRAM	AGE	TOPICS	KDE	WHAT WE COVER	TIME
BUDGETING WORK-SHOP	8 th	Budgeting, Spending, Saving, Goal Setting	FL.M.4 FL.M.6 FL.M.8 FL.M.9	Discuss the importance of budgeting while providing hands on practice with real life scenarios to develop and maintain a budget.	
JEOPARDY AND KAHOOT	6 th –8 th			Play Jeopardy or Kahoot as a review tied to any presentation, discussion or just for financial literacy awareness. <ul style="list-style-type: none">- Independent Living- Everfi Content- Others as requested	
OPPORTUNITIES ABOUND LIFESIZE BOARD GAME	6 th –8 th			An interactive life-sized board game that tests students’ knowledge by using trivia questions. Students will be able to work in teams to race around the board. The goal: making it to “retirement”. A variety of questions can be created and used to partner with any of the Financial Education components.	



did you know?

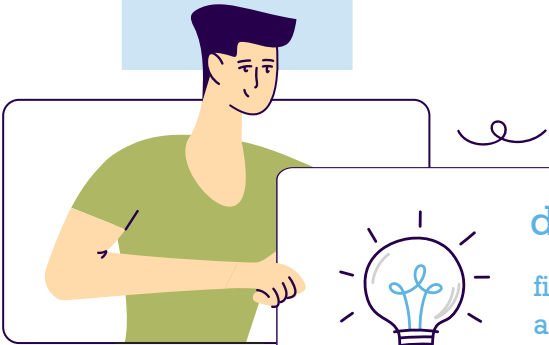
abound has trained educators on staff. if you have a topic in mind that isn’t already addressed, let us know. we would love to build new curriculum for your classroom!



HIGH SCHOOL LEVEL

9-12TH GRADE

PROGRAM	AGE	TOPICS	KDE	WHAT WE COVER	TIME
BUDGETING WORKSHOP	9 th –12 th	Budgeting, Spending, Saving, Goal Setting	FL.H.5 FL.H.10	Discuss the importance of budgeting, while providing hands on practice with real life scenarios to develop and maintain a budget.	30/50 min
AUTO BUYING	10 th –12 th	Credit, Auto Buying, Loans, Budgeting	FL.H.6 FL.H.7	Students will learn about the process of preparing their finances to purchase a car, what lenders look for and practices to find the best deals. Optional simulation activity for students to have a personality, research cars and calculate payments to fit within their budget.	30/50 min
PAYING FOR HIGHER EDUCATION – SCHOLARSHIPS	11 th –12 th	College Expenses, Scholarships	FL.H.3	Learn about options to pay for higher education and how scholarships can play a huge role in making higher education more affordable. Learn about Abound’s Roush Scholarship.	20 min
LIVING INDEPENDENTLY	11 th –12 th	Budgeting, Goal Setting, Financial Management	FL.H.5 FL.H.11	Transitioning to managing your own finances can be scary. Learn about smart moves, important concepts and basics that set you on the right path as you begin living independently.	30/50 min
UNDERSTANDING CREDIT	11 th –12 th	Credit, Spending	FL.H.6 FL.H.7	Dive into the importance that credit plays in your finances, how to build credit and how to make wise management decisions to reach your financial goals.	30 min



did you know?

financial literacy doesn’t have to be boring...
abound is proud to offer fun and engaging curriculum through gameplay and interaction.



HIGH SCHOOL LEVEL (CONT.)

INVESTMENTS AND COMPOUND INTEREST	9 th –12 th	Interest, Credit, Investing, Spending	FL.H.14 FL.H.15 FL.H.16	Make your money grow instead of watching it disappear— compounding interest can be your friend or your enemy. Learn when compounding interest is valuable and how you can start now to make your money work for you.	30 min
VALUE OF FINANCIAL WELLNESS	9 th –12 th	Financial Management, Financial Decisions, Spending, Saving, Budgeting	FL.H.5	Maintaining your finances can greatly improve your overall wellbeing. Learn key points that can help you become more financially literate and begin to put practices into place.	30 min
JEOPARDY AND KAHOOT	9 th –12 th			Play Jeopardy or Kahoot as a review tied to any presentation, discussion or just for financial literacy awareness. - Independent Living Others as requested.	30/60 min
OPPORTUNITIES ABOUND LIFESIZE BOARD GAME	9 th –12 th			An interactive life-sized board game that tests students’ knowledge by using trivia questions. Students will be able to work in teams to race around the board. The goal: making it to “retirement”. A variety of questions can be created and used to partner with any of the Financial Education components.	60 min



COLLEGE LEVEL



PROGRAM	TOPICS	WHAT WE COVER	TIME
BUDGETING WORKSHOP	Budgeting, Spending, Saving, Goal Setting	Discuss the importance of budgeting, while providing hands on practice with real life scenarios to develop and maintain a budget.	
AUTO BUYING	Credit, Auto Buying, Loans, Budgeting	Students will learn about the process of preparing their finances to purchase a car, what lenders look for and practices to find the best deals. Optional simulation activity for students to have a personality, research cars and calculate payments to fit within their budget.	
LIVING INDEPENDENTLY	Budgeting, Goal Setting, Financial Management	Transitioning to managing your own finances can be scary. Learn about smart moves, important concepts and basics that put you on the right path as you begin living independently.	
UNDERSTANDING CREDIT	Credit, Spending	Dive into the importance that credit plays in your finances, how to build credit and how to make wise management decisions so you are able to reach your financial goals.	
INVESTMENTS AND COMPOUND INTEREST	Interest, Credit, Investing, Spending	Make your money grow instead of watching it disappear – compounding interest can be your friend or your enemy. Learn when compounding interest is valuable and how you can start now to make your money work for you.	
VALUE OF FINANCIAL WELLNESS	Financial Management, Financial Decisions, Spending, Saving, Budgeting	Maintaining your finances can greatly improve your overall wellbeing. Learn key points that can help you become more financially literate and begin to put practices into place.	
JEOPARDY AND KAHOOT		Play Jeopardy or Kahoot as a review tied to any presentation, discussion or just for financial literacy awareness.	

COMMUNITY GROUPS

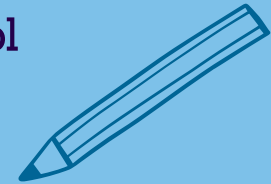


PROGRAM	TOPICS	WHAT WE COVER	TIME
BUDGETING WORKSHOP	Budgeting, Spending, Saving, Goal Setting	Discuss the importance of budgeting, while providing hands on practice with real life scenarios to develop and maintain a budget.	
LIVING INDEPENDENTLY	Budgeting, Goal Setting, Financial Management	Transitioning to managing your own finances can be scary. Learn about smart moves, important concepts and basics that put you on the right path as you begin living independently.	
UNDERSTANDING CREDIT	Credit, Spending	Dive into the importance that credit plays in your finances, how to build credit and how to make wise management decisions so you are able to reach your financial goals.	
INVESTMENTS AND COMPOUND INTEREST	Interest, Credit, Investing, Spending	Make your money grow instead of watching it disappear – compounding interest can be your friend or your enemy. Learn when compounding interest is valuable and how you can start now to make your money work for you.	
VALUE OF FINANCIAL WELLNESS	Financial Management, Financial Decisions, Spending, Saving, Budgeting	Maintaining your finances can greatly improve your overall wellbeing. Learn key points that can help you become more financially literate and begin to put practices into place.	
JEOPARDY AND KAHOOT		Play Jeopardy or Kahoot as a review tied to any presentation, discussion or just for financial literacy awareness.	



courses available for...

- elementary school
- middle school
- high school
- college
- & community groups!



Insured by NCUA. Equal Opportunity Lender. Equal Housing Lender.



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